FHMI
FOREST HILL
MEDICAL IMAGING

Forest Hill Medical and Professional Building
491 Eglinton Avenue West, Suite 302
Toronto, ON M5N 1A8
Phone: 416-640-1103 • Fax: 416-640-1106

REQUEST FOR EXAMINATION

Midtown Toronto - On the South Side of Eglinton between Avenue Road and Spadina Road.

Patient Information

First Name | Last Name
Home Phone | Other Phone
OHIP | Version Code | Sex M | F | Date of Birth DD / MM / YYYY

Physician Information

Name | Address
Phone | Fax
Date DD / MM / YYYY

Appointment Date/Time

DD / MM / YYYY
Appointment Date | Appointment Time

Please see Patient Instructions on back
24-hour notice required to cancel appointment or $75 charge will be billed to patient.

X-Ray *(No Appointment)*

ABDOMEN
- ❒ ABD Series
- ❒ KUB (single view)

HEAD & NECK
- ❒ Soft Tissue Neck
- ❒ Skull
- ❒ Sinuses
- ❒ Facial Bones
- ❒ Nose
- ❒ Mandible
- ❒ Orbits
- ❒ TM joints

CHEST
- ❒ Chest PA & LAT
- ❒ Ribs ❒R ❒L ❒B (includes PA chest)
- ❒ Sterno - Clavicular Jts.
- ❒ Sternum

❒ Other:______________

SPINE & PELVIC
- ❒ Pelvis
- ❒ Pelvis ❒R ❒L Hip
- ❒ Cervical Spine
- ❒ Thoracic Spine
- ❒ Lumbar (L/S) Spine*
- ❒ L/S Spine Pelvis & S.I. Joints*
- ❒ Sacrum/Coccyx
- ❒ S.I. Joints
- ❒ Scoliosis

LOWER EXTREMITIES
B = *Bilateral*

B	R	L	
❒	❒	❒	Knee
❒	❒	❒	Ankle
❒	❒	❒	Foot
❒	❒	❒	Hip
❒	❒	❒	Femur
❒	❒	❒	Tib. & Fib.
❒	❒	❒	Heel
❒	❒	❒	Toe: 1 2 3 4 5

UPPER EXTREMITIES
B = *Bilateral*

B	R	L	
❒	❒	❒	Hand
❒	❒	❒	Wrist
❒	❒	❒	Elbow
❒	❒	❒	Shoulder
❒	❒	❒	Forearm
❒	❒	❒	Humerus
❒	❒	❒	Clavicle
❒	❒	❒	A.C. Joints
❒	❒	❒	Scapula
❒	❒	❒	Scaphoid
❒	❒	❒	Finger: 1 2 3 4 5

Ultrasound *(By Appointment)*

GENERAL
- ❒ Abdomen & Pelvis
- ❒ Abdomen
- ❒ Pelvis *Transvaginal unless contraindicated*
- ❒ Renal & Bladder
- ❒ PVR - Post Void Residual
- ❒ Transrectal Prostate
- ❒ AAA Screening
- ❒ Abdominal Wall
- ❒ Inguinal Canal
- ❒ Scrotum
- ❒ Thyroid and Neck

MUSCULOSKELETAL
B = *Bilateral*

	B	R	L
Shoulder	❒	❒	❒
Elbow	❒	❒	❒
Wrist/Hand	❒	❒	❒
Knee	❒	❒	❒
Popliteal Fossa	❒	❒	❒
Achilles Tendon	❒	❒	❒
Ankle	❒	❒	❒
Foot	❒	❒	❒
Plantar Fascia	❒	❒	❒
Lumps & Bumps	❒	❒	❒
Hip	❒	❒	❒

BREAST ❒B ❒R ❒L

❒ Other:______________

OBSTETRICS
- ❒ OB — Under 16 weeks
- ❒ OB — 18-20 weeks
- ❒ OB — > 30 weeks
- ❒ OB — High Risk

LMP: DD / MM / YYYY

- ❒ BPP
- ❒ Nuchal Translucency-IPS (11-14 weeks)

Clinical History Requested

❒ WSIB ❒ STAT

Doctor's Signature

CopyTo: ______________

Bone Mineral Densitometry (BMD)

- ❒ Baseline
- ❒ 3yr - First follow-up

Low Risk: ❒ 5 year
High Risk: ❒ 1 year

Date of Prior Study: ______________ (if known)

Gastrics *(By Appointment)*

- ❒ Upper GI
- ❒ Esophagram
- ❒ Upper GI and Small Bowel
- ❒ Barium Enema

www.fhmi.ca info@fhmi.ca

*As per Ministry of Health Guidelines

INSTRUCTION TO PATIENTS:

1. **Please bring your health card and this paper with you to your appointment.**
2. **Please arrive 10 minutes early to register.**
3. **Please refer to the exam preparations below.**

Preparation & Instructions These instructions are *IMPORTANT*. Please follow them. FHMI is a scent free environment.

Ultrasound Preparation and Instructions

Abdomen
No eating or drinking (smoking or chewing gum) 4 hours prior to the appointment.

Obstetrical/Pelvis
A full bladder is necessary for a thorough examination of the pelvis and pregnant uterus.

START drinking 5 cups of water (40 oz. or 1.25 litres) or other fluid 2 hours before your examinatiion.
FINISH drinking at least 1 hour prior to your examination.

Example: If your appointment is for 3:00 p.m., you should start drinking by 1:00 p.m. and finish drinking by 2:00 p.m.

DO NOT empty your bladder before your examination.

Note: If your bladder is not full YOUR APPOINTMENT MAY HAVE TO BE RESCHEDULED

Abdomen/Pelvis
No eating or drinking immediately prior to appointment.

START drinking 5 cups (40 oz. or 1.25 litres) of WATER ONLY 2 hours before your examination.

FINISH drinking at least 1 hour prior to your examination.

DO NOT empty your bladder before your examination.

Prostate (Transrectal)
FLEET ENEMA 2 hours before the examination
(kit may be purchased at your pharmacy.)
Drink 34 oz. or 1 Litre of water 1 hour prior to appointment.
Do not go to the washroom.

Bone Mineral Densitometry

Do not take calcium supplements for 24 hours prior to examination.

Patients are asked to wear clothing without zippers or metal attachments.

Gastric Preparation and Instructions

Upper GI/Esophagus/Small Bowel

Nothing to eat or drink after midnight the evening prior to examination. No breakfast. No chewing gum.
Small bowel examination may take 1 - 3 hrs.

Barium Enema
The day before exam drink clear fluids only
(fruit juice, clear broth, gelatin, popsicles, coffee or tea).

At 4:00 pm, drink the entire **CITROMAG** (available at pharmacy).

At 6:00 pm take **3 Dulcolax tablets**.

Drink at least 5 large glasses of water during the afternoon and evening prior to the examination.

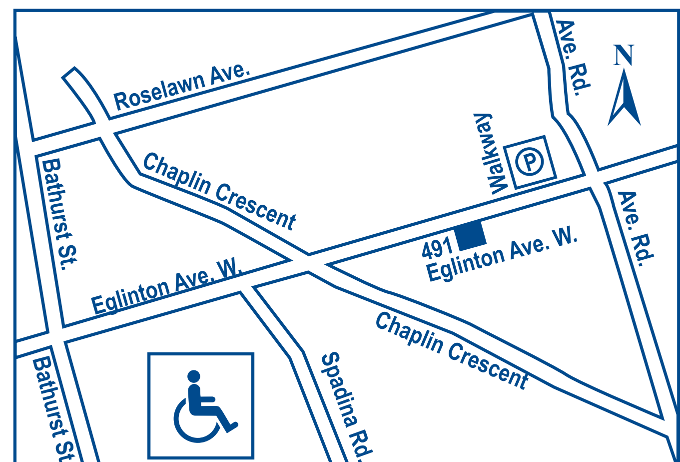
The day of examination may have clear fluids until exam is completed.

FHMI FOREST HILL MEDICAL IMAGING

Forest Hill Medical and Professional Building

491 Eglinton Avenue West, Suite 302
Toronto, ON M5N 1A8
Phone: 416-640-1103
Fax: 416-640-1106

Midtown Toronto - On the South Side of Eglinton between Avenue Road and Spadina Road.



www.fhmi.ca info@fhmi.ca